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МОТИВАЦИОННЫЙ ИНТЕРЕС РОДИТЕЛЕЙ В РИТМИЧЕСКОЙ ГИМНАСТИКЕ

Когда родители помогают и поддерживают своих детей, им намного легче и интереснее делать что-то. Они чувствуют поддержку и интерес самих родителей в том, что они делают, и желание делать еще лучше, выполнить задачи еще более старательно, чтобы понравиться близким людям. В этой статье будет представлен анализ важных вещей в классах гимнастики для родителей.

Ключевые слова: ритмичная гимнастика, мотивация, дети, родители.

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PARENTS' MOTIVATIONAL INTEREST OF IN RHYTHMIC GYMNASTICS

For any parents, it is important to support child in their activities. When parents help and support their children it is much easier and more interesting for them to do things, they feel the support and interest of the parents themselves in what they do and the desire to get better, to perform tasks even more diligently to please close people. In this article, an analysis of important things in gymnastics classes for parents will be presented.

Key words: rhythmic gymnastics, motivation, children, parents.

Introduction. The goal of rhythmic gymnastics is harmonious development of those engaged in the comprehensive improvement of their motor abilities, the strengthening of health and the provision of creative longevity [1]. In the process of training vital motor skills and abilities are formed, special knowledge is acquired, moral and strong-willed qualities are brought up [2].

Rhythmic gymnastics is acyclic; it is difficult to coordinate the sport. The process of training in rhythmic gymnastics is, first of all, the process of the technical perfection of an athlete, which starts from a young age and continues to the end of her sports career [3].

Currently, rhythmic gymnastics in the Republic of Tatarstan is improving and does not stand still: the confirmation do it is the opening of the Gymnastics Center, where many athletes and athletes come daily to train. From the moment of its opening until today, various competitions of different levels have been held, such as: international, all-Russian, republican and city [4].

It is important that interest to the sport appears not only in children, but also in their parents. Undoubtedly, the child's desire to engage is very important, but the family must support it. If the parents do not see the goals, they will not know what the daughter is doing eventually, and she herself will not want to put much effort into the work, which will not bring the result as soon as one would like. Not only children, but also parents should be motivated, thanks to which you can achieve high results. This is also facilitated by the conditions in which the athletes are engaged [5]. A beautiful hall with excellent equipment, plenty of space and for training and high qualification of coaches. The role of parents is not only in the moral support of small athletes, but also largely in the material. In general, it is believed that the first in this graceful sport fall in love with their parents and bring their girls to the section. And then, whether they stay here or soon leave, depends, first, on the nature of the athletes themselves, and secondly, on how much the parents are demanding to them [6].

Objective. To reveal the attitude of parents to rhythmic gymnastics, to find out what can increase the desire of parents and children to learn. Identify the priority motivation for parents to engage their children in rhythmic gymnastics.

Organization and methods of research. The analysis was carried out by applied methods (sociological survey), and the percentage of all responses was revealed. Interviewed parents, whose children are engaged in the SCHYSS-HOR Privolzhanka.

Results of the study and their discussion. In the course of our sociological research it was revealed that absolutely all parents like this sport. It is plastic, beautiful and very feminine. But only 10 % of parents themselves once practiced gymnastic; most likely did because there was no possibility and proper conditions. Now everything is much simpler. In addition, it develops the child's abilities (75 %), helps the child form and develop character (15 %) and the child himself enjoys training (10 %). The truth is not always possible to drive a child into the section. 10 % prefer to drive children 3–4 times a week, 10 % 4–5 times a week, the remaining 80 % can lead a daughter 6–7 times a week, expecting that they have the highest result. Also, not everyone can pay

a lot of money for training. All 100 % of parents can allocate only 1000 rubles a month.

To achieve high results, individual lessons also take place. 90 % of parents wanted their children to be engaged separately. And 10 % answered “Rather yes than no” because of the cost of the lesson, that not everyone can afford it. Of course, the situation in the hall is important, so that nothing distracts from the lessons. 95 % of parents unconditionally like the place of training for their children, and 5 % find it difficult to answer. The desire of the child to do the sport is very important. Firstly, it depends on the coach. Most their (80 %) really like their coaches, and the rest have no claims to coaches, but also are not enthusiastic about their studies. The artistic gymnastics in Kazan is developing rapidly, but only people who are close to sports see it. 90 % believe that development of gymnastics is at a normal pace, 10 % believe that it is developing slowly.

In order for parents and children to become interested in this wonderful sport, it is necessary to visit competitions more often. Almost all parents (92 %) attend competitions 1–2 times a month, 2 % do not attend them at all, which is connected, most likely, with employment at work. As their children, parents also have favorite sportswomen. These are world-famous Alina Ka-baeva (90 %) and Yana Kudryavtseva (10 %). Only 10 % of respondents actively follow the life of female athletes, while others do it from time to time.

We gave our parents an opportunity to evaluate the conditions of the training sessions in this section from 5 possible points. The answers were recorded in the table (the average score for all respondents):

Conditions	Evaluation
Qualification of the trainer	4,5
Availability of individual training sessions	4
Convenience of the schedule of training sessions	5
Amount of sports load per child	4
Children's team in section	5
Conditions for exercising (equipment and condition of sports equipment, equipment, availability of children in sports form)	5

In general, mothers accompany their children to the classes (85 %); 25 % of them are of Russian nationality. Age categories of parents: 5 % 55 and over,

15 % 15–30 years and 80 % 31–40 years old; 95 % of parents are married. 5 % of parents have the only child in the family, 10 % have 3 or more children and 85 % have two children. Only 5 % of all parents work, 15 % are managers, 85 % are housewives.

Conclusion. Thanks to this research, we concluded that parents are interested in the children doing gymnastics. And they will do their best to promote their physical, moral and spiritual development in gymnastics. And to motivate your child to improve their sports results. And also we are ready to cooperate with trainers and help them to lead children to the set goals and tasks.

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